

The Professional Program

MEDIC First Aid Basic Plus



10 Dec
2026



IPA



1 Day
8 Hours



8:00 AM
4:00 PM



90 BHD
99 BHD
including VAT

MEDIC First Aid Basic Plus equips participants with essential lifesaving skills. It combines theoretical knowledge with hands-on practice to ensure that participants are fully prepared to respond to emergencies in real-world scenarios.

Who Should Attend:

- Workplace first responders.
- Community members and volunteers.
- Supervisors and managers responsible for emergency planning.

Learning objectives:

- Gain practical knowledge of adult CPR and automated external defibrillator (AED) use.
- Learn to manage a wide range of emergencies, including choking, severe bleeding, and shock.
- Develop confidence in conducting a primary assessment for unconscious victims.
- Understand workplace-specific emergency response protocols.



Certification:

Certification is valid for 2 years and meets international compliance standards such as OSHA and ILCOR. Digital and physical certification cards are provided to participants.



Registration

Government establishments:

Institute of Public Administration will receive the nominated candidates for registration from authorized training specialist through the registration system (TMS) available on the website: (www.ipa.gov.bh)

Private establishments and Individuals:

Institute of Public Administration will receive the nominated candidates for registration via the form provided on the Institute's website (www.ipa.gov.bh)

For inquiries:

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