

The Professional Program

# NEBOSH Working with Wellbeing



Batch 1  
19 Jun  
2025



Batch 2  
02 Oct  
2025



IPA



1 Day  
7 Hours



8:00 AM  
3:00 PM



150 BHD  
165 BHD  
including VAT

NEBOSH Working with Wellbeing provides a structured approach to creating a positive workplace culture that prioritizes mental, emotional, and physical health. The course delves into the science of wellbeing, helping organizations achieve better employee retention, increased satisfaction, and improved performance.

## Who Should Attend:

- HR professionals, managers, and supervisors.
- Health and safety practitioners seeking to expand their expertise.
- Any individual responsible for employee wellbeing initiatives.

## Learning objectives:

- Define the concept of workplace wellbeing and its importance.
- Explore six key elements of workplace wellbeing: Leadership, Job Design, Mental Health, Physical Environment, Social Interactions, and Health Interventions.
- Identify the challenges and barriers to implementing wellbeing programs.
- Learn evidence-based approaches to improve workplace wellbeing.
- Develop a simple action plan to integrate wellbeing initiatives in your workplace.

## Certification:



Participants complete a scenario-based assessment to demonstrate their understanding. Successful candidates receive the NEBOSH Working with Wellbeing certificate, recognized worldwide for its practical applicability.



## Registration


### **Government establishments:**

Institute of Public Administration will receive the nominated candidates for registration from authorized training specialist through the registration system (TMS) available on the website: ([www.ipa.gov.bh](http://www.ipa.gov.bh))

### **Private establishments and Individuals:**

Institute of Public Administration will receive the nominated candidates for registration via the form provided on the Institute's website ([www.ipa.gov.bh](http://www.ipa.gov.bh))

### **For inquiries:**

 17383838

 [ask@ipa.gov.bh](mailto:ask@ipa.gov.bh)